

Sabbath Prayers



Kindling the Shabbat Candles

Two candles are lit before the blessing begins and Shabbat starts. After the candles are lit, we cover our eyes before reciting the blessing.

Hebrew Text:

בְּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת

Transliteration:

Baruch Atah Adonai, Eloheinu Melech haolam
asher kid'shanu b'mitzvotav v'tzivanu l'hadlik ner
shel Shabbat

Translation:

Blessed are You, Eternal our God,
Sovereign of all.
You hallow us with Your mitzvot and
command us to kindle the lights of Shabbat.

Blessing the Wine

Next is the blessing of the wine known as the Kiddush. Children or those who do not drink wine may bless grape juice or other juice that grows on a vine.

Hebrew Text:

בְּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
בּוֹרֵא פְּרֵי הַגֶּפֶן.

Transliteration:

Baruch Atah, Adonai Eloheinu,
Melech haolam, borei p'ri
hagafen.

Translation:

Blessed are You, Adonai our God,
Sovereign of all, Creator of the fruit
of the vine.

Blessing the Challah

Following the Kiddush, HaMotzi blessing is recited after the Challah is uncovered. After the blessing, the Challah is then sliced or ripped and then distributed.

Hebrew Text:

בְּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ
הָעוֹלָם הַמוֹצִיא לֶחֶם לָאָרֶץ.
הָאָרֶץ.

Transliteration:

Baruch Atah, Adonai
Eloheinu Melech haolam,
hamotzi lechem min haaretz.

Translation:

Blessed are You, Adonai our God,
Sovereign of all, who brings
forth bread from the earth.

Shabbat Shalom!