



# **2020/5781 Guide to the Temple Sholom**

**Yamim Noraim (Days of Awe)  
The High Holy Days  
and Sukkot**

*Physically Distant,  
Spiritually Connected!*

*Temple  
Sholom*   
*in Broomall*



Dear Friends,

Who could have imagined last year, as we gathered in the sanctuary, that it was not something we would be able to do again this year? While there is much that is difficult about this time, we have made every effort to embrace these days as a creative and spiritual time of connection and renewal. Our goal is to create programs centered around learning, music, worship, and study to meet the spiritual needs of our diverse community—even from a distance. While perhaps we could have spent our time being disappointed about not being together, we instead see this as an opportunity for a creative Jewish moment where we can ask deep questions and experiment all while keeping our Temple Sholom traditions in mind. Over these many months, we have seen more than ever that this is an important time for connection and community. We invite you to journey through these days of awe with us as we maintain the community that is so important here at Temple Sholom.

**We have shared several items to add to your Holy Days:**

- Honey for sweetness!
- A set of our Machzorim (High Holy Day Prayerbooks).
- A light stick for a special community Havdallah at the close of Yom Kippur.
- If you need a Yartzeit / memorial candle, one should have been provided. If not, please contact our office.

We are thrilled to loan the Machzorim, but want to make sure we receive them after the High Holy Days. This return will take place on Tuesday and Wednesday, October 6 & 7. Please come to the Temple on either of these days from 9 am-3 pm or 5 pm-7pm. Will will be waiting for you to return the prayer books (and this will also be an opportunity to visit our Temple Sukkah). It is important that we receive the prayer books at this time so that we can store them for next year's High Holy Days (and all those following). Please be aware that there will be a required fee of \$44 per set to replace. Please be in touch with Abbey Krain for any questions at [director@temple-sholom.org](mailto:director@temple-sholom.org).

Spend some time reading these pages to discover how and when you can engage with us! We look forward to sharing wonderful High Holy Days together! May these days of awe bring comfort, connection, and growth, and may the year ahead bring us all health, joy, and peace!

L'Shanah Tovah,  
Rabbi Peter Rigler and your Temple Sholom Family

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Please check ahead of time to see what platform the service or Program is running on.

## [temple-sholom.org/webcast](http://temple-sholom.org/webcast)

\* If you are not comfortable with technology we are working on the ability to connect the audio to a conference call by simply calling a number. Look for more information soon!

\* Please contact our office before the Holy Days if you need assistance accessing online programs and services.

## Staff & Board

From our family to yours! A sweet, happy and Healthy New Year!

### Clergy and Staff

Rabbi Peter Rigler  
Cantor Jamie Marx  
Abbey Krain-Exec. Dir.  
Lori Green-Ed. Dir.  
Lori-An Pechansky-Ec. Ed. Dir.  
Marissa Kimmel  
Becky Krangel  
Nertilla Kocibelli  
Betsy Blackburn-Goslin

### Executive Board

Margaret Husick-Pres.  
Michael Galvin-Exec. V.P.  
Marc Albero-Treasurer  
James Meyer-Rec. Sec.  
Emily Mendell-Financial Sec.  
Shannon Farmer-V.P. At-Large  
Steve Granoff-V.P. At-Large  
Laurie Browngoehl-Past Pres.

### General Board

Barbara Barr  
Evalyn Elias  
Melissa Fein  
Susan Friedman  
Evan Gold  
Mary Ann Gould  
Nancy Hays  
Donna Hendel  
Henry Jaffe  
Ira Kedson  
Lisa Pottiger  
Leza Raffel  
Stephen Kanes  
Blake Robinson  
Cindy Meyer  
David Mendell



## The Temple Sholom ToaSTY High Holy Day Food Drive

**on Yom Kippur  
September 28  
9:00–3:00 p.m.**

We will have a van in our parking lot to collect all of the donations. We ask that you please bring your unopened goods in cans, plastic jars or boxes (no glass) to the Temple and put your items in the van.

### The following items are especially needed

- peanut butter
- shelf stable tuna
- beef stew
- chili
- jelly
- canned pasta
- breakfast and hot cereal
- macaroni and cheese
- canned fruit cocktail

## High Holy Days Schedule 2020/5781

### S'lichot

**Saturday, September 12**

- Service (*Livestream/FB Live*)

7:30 p.m.

### Rosh Hashanah September 18–19

#### Erev Rosh Hashanah

**Friday, September 18**

- Adult Service (*Livestream/FB Live*)

8:00 p.m.

#### Rosh Hashanah Day

**Saturday, September 19**

- Tot Service (*Livestream/FB Live*)

9:30 a.m.

- Adult Service (*Livestream/FB Live*)

10:30 a.m.

Music From Members of Wister Quartet following services.

- Family Service (grades K-6) (*Livestream/FB Live*)

1:00 p.m.

- High School Zoom Shmooze (*Zoom*)

2:00 p.m.

- Parking Lot Shofar Experience

3:00 p.m.

(*SignUpGenius reservation required*)

#### Yamim Noarim/The Days of Awe

**Tuesday, September 22**

- High Holy Days Writing Workshop (*Zoom*)

7:30 p.m.

#### Wednesday, September 23

- Exploring Fall Holiday Traditions

7:30 p.m.

from Baghdad to India with Rahel Musleah (*Zoom*)

#### Shabbat Shuvah/Shabbat of Return

**Friday, September 25**

- Service (*Zoom*)

7:30 p.m.

## Yom Kippur September 27-28

### Kol Nidre

#### Sunday, September 27

- Family Service Experience (*Livestream/FB Live*) 6:00 p.m.
- Musical Entrance to Kol Nidre 7:45 p.m.  
with Rob Kesselman (*Livestream/FB Live*)
- Adult Service (*Livestream/FB Live*) 8:00 p.m.

#### Monday, September 28

- Tot Service (*Livestream/FB Live*) 9:30 a.m.
- Music From Members of Wister Quartet (*Livestream/FB Live*) 10:00 a.m.
- Adult Service (*Livestream/FB Live*) 10:30 a.m.  
Music From Members of Wister Quartet following services.
- Family Service (*Livestream/FB Live*) 1:00 p.m.
- Jewish Journeys Program (*Livestream*) 3:00-4:00 p.m.
- Music and Meditation 4:00-5:00 p.m.  
with Danny Maseng (*Livestream/FB Live*)
- High School Zoom Schmooze (*Zoom*) 4:00-5:00 p.m.
- Yizkor/Memorial and Concluding Service 5:00-6:30 p.m.  
(*Livestream/FB Live*)
- Final Shofar Blast and Community Havdallah (*Zoom*) 6:30 p.m.

### Sukkot

#### Friday, October 2

- Erev Sukkot Shabbat Service (*Livestream/FB Live*) 6:30 p.m.

#### Saturday, October 3

- Peter Yarrow Concert(*Zoom*) 7:30 pm

### Simchat Torah

#### Friday, October 9

- Yizkor / Memorial Service (*Zoom*) 9:30 a.m.
- Rimmon Consecration (*Zoom*) 6:30 p.m.
- Simchat Torah Shabbat (*Livestream/FB Live*) 7:30 p.m.

*Which service should you attend? While you are welcome to be part of any opportunity, here are our general recommendations.*

Tot: Toddler-K, and their parents  
Family: Geared to Rimmon students (grades 1-6) and their parents  
Adult: 7th grades-adults

## GUIDE TO CONNECTING

Take the time to check your technology and use the guide here to see where the event you want to attend is being held.

Most of the Holy Day services will be available through Livestream. However to make it a more interactive experience, with a chat feature, we are offering the same program in Facebook live.

We want to warn you that Facebook works most of the time, so have the live stream link ready to go! The Livestream links can be accessed straight from our webpage. You should take a look now so you are comfortable finding it.

Some offerings are available only on Zoom.

We will be sending daily reminders of where you can find which experience with links attached.

Please call the office if you need support getting online. We are not available the day of to help so test it before hand.

We will be sharing a conference call number that will allow you to call in and hear many of the services and programs.

## Pre-High Holy Day Events



Get ready for the High Holy Days with these events that will inspire and focus your spiritual preparations.

### **S'lichot**

**Saturday, September 12 at 7:30 p.m.**

Our annual S'lichot service is a powerful way to enter into this holy time of year. This will include a teaching segment with Rahel Musleah. Rahel Musleah was born in Calcutta, India, and is the seventh generation of a Calcutta Jewish family that traces its roots to seventeenth-century Baghdad.

### **Round Challah Baking Lesson**

**Monday, September 14**

Check out our Facebook page for a video with our own Jona Liberman. She will walk us through making a beautiful round Rosh Hashanah Challah! Just gather your ingredients!



## Rosh Hashanah Programming

### **Music From Members of Wister Quartet**

**Saturday, September 19**

**Directly following our morning service**

We will share two pieces from the Wister Quartet. They are disappointed to not be with us this year and have shared several pieces of music during the Holy Days for us to enjoy.



**High School Zoom: Navigating where we have been and where we are going With Rabbi Jessy Dressin and Marissa Kimmel**  
**Saturday, September 19 at 2:00 p.m.**

Rabbi Dressin is the Director of Repair the World Baltimore. She was the Founder/Director of Charm City Tribe, a community initiative to engage young adults interested in Jewish culture and tradition who want to connect in creative and meaningful ways and was named as one of The Forward's 'Most Inspiring Rabbis' in 2016. Jessy subscribes to the notion that Jewish tradition has three goals: personal meaning making, the imperative to be part of a collective, and the charge to help make the world a better place.

### **Shofar Drive-In**

**Saturday, September 19 at 3:00 p.m.**

This is an opportunity to join in our parking lot so we can communally hear the sounds of the Shofar and share this mitzvah together! This brief service will include the sounds of the Shofar and a prayer for the new year. Please make sure to sign up on SignUpGenius. The link and instructions will be available soon.

# Yamim Noraim Programming



## **Exploring Identity: A High Holy Days Writing Workshop with Neil Rigler Tuesday, September 22 at 7:30 p.m.**

As part of this year's High Holiday Services and Commemoration, Rabbi Rigler will be speaking about both self-reflection and how we can use that to actively engage with and get to know others. Please join us for a special online writing workshop, open to everyone from teens to adults, as we explore these themes. Some of the work will be shared either by Rabbi Rigler during his Yom Kippur sermon or in other ways with the synagogue community. No prior experience necessary!



## **Exploring Fall Holiday Traditions from Baghdad to India and Beyond with Rahel Musleah Wednesday, September 23 at 7:30 p.m.**

Rahel Musleah was born in Calcutta, India. She is the seventh generation of a Calcutta Jewish family that traces its roots to seventeenth-century Baghdad. She will share her rare and intimate knowledge of this ancient community's history, customs, and melodies. Rahel is an award-winning journalist with hundreds of published articles to her credit.



## **Shabbat Shuvah Friday, September 25 at 7:30 p.m.**

Shabbat Shuvah: Sabbath of Return & Musical Meditation - Avi Wisnia  
Avi is a Philadelphia-based singer-songwriter who blends bossa nova with 1950's West Coast Jazz, blues, acoustic folk and contemporary pop. He will add some music for reflection to this special Shabbat service that falls between our Holy Days!

# Yom Kippur Programming



## **Music From Members of Wister Quartet Monday, September 28 at 10:00 a.m. and following our morning service.**

We will share two pieces from the Wister Quartet. They are disappointed to not be with us this year and have shared several pieces of music during the Holy Days for us to enjoy.

## **High Holy Day Food Drive**

**Monday, September 28 from 9:00 a.m. to 3:00 p.m.**

Please drop canned and packaged food in the marked van in our parking lot from 9 a.m. to 3 p.m. The food will be shared with a local food bank. Please observe our Health and Safety Procedures.



## **Jewish Journeys (Livestream only)**

**Monday, September 28 from 3:00 to 4:00 p.m.**

We have asked four of our members to share reflections of their Jewish Journeys as a way to reflect on Yom Kippur afternoon on our own experiences. We are grateful to Laval Miller-Wilson, Amy Berkowitz, Sue Shandler, and Grace Gherovici for participating. Also, a thank you to John Barr whose pictures are used throughout.



## **Music and Meditation with Danny Maseng**

**Monday, September 28 from 4:00 to 5:00 p.m.**

Danny has created an hour of song, mediation and prayer for our Yom Kippur reflection. He is a talent and a force of nature! Don Tourliev “Danny” Maseng is an Israeli-born performer. An actor, singer and writer, Maseng is known as a composer of contemporary Jewish Liturgical music. He currently leads MAKOM LA, a spiritual community in Los Angeles, California. He previously has served as our Scholar in Residence.

## **High School Zoom Schmooze (Zoom)**

**Monday, September 28 from 4:00 to 5:00 p.m.**

An opportunity for our High School students to spend an hour of reflection and conversation with our Youth Group Director Marissa Kimmel.

## **Interactive Temple Sholom Community Havdallah (Zoom)**

**Monday, September 28 at 6:30 p.m.**

This service will directly follow the concluding service and will be held on Zoom. Join us to see the faces of our community as we leave Yom Kippur. Make sure you have your light sticks ready!



# Sukkot Programming



## Visit our Sukkah

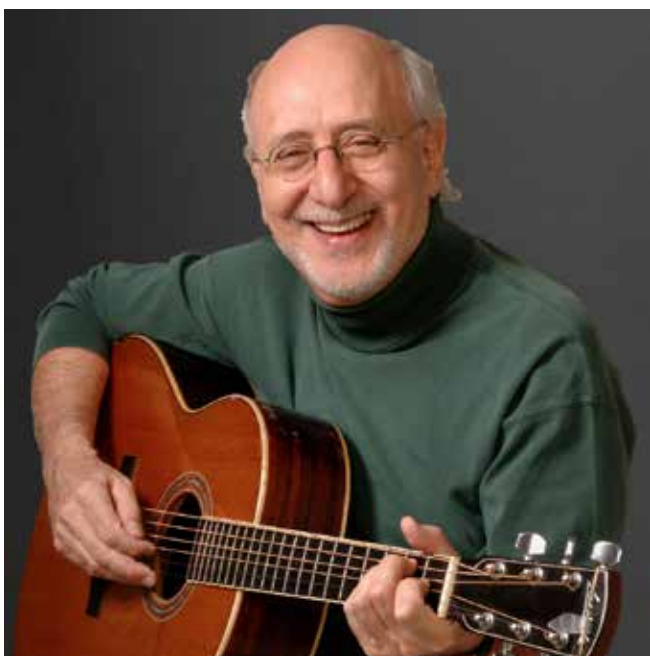
Come to our community Sukkah at Temple Sholom! A great chance to observe this beautiful outdoor festival by visiting, sitting or eating in our sukkah. Please follow Physical distancing policies including wearing masks.

## Borrow a Sukkah

We have several sukkot to loan to families, they are easy to set! (Even the Rabbi can do it!) The Sukkah is a temporary hut constructed for use during the week-long festival. It serves to remind us as a symbol of our wandering and impermanence. It is also an opportunity to connect with nature! A beautiful way to celebrate at your own home!

## Purchase a Lulav and Etrog

Please contact our office if you would like to order a Lulav and Etrog set. The mitzvah of regarding the Lulav and Etrog is found in Leviticus 23:40, “On the first day you shall take the product of hadar trees, branches of palm trees, coughs of leafy trees, and willows of the brook, and you shall rejoice before Adonai your God seven days.” The four species, of which the lulav (palm branch) is the most prominent, are a symbolic expression of our rejoicing over the change from life in the wilderness to life in a land with fruit trees and rivers.



## Peter Yarrow Concert and Havdallah (Zoom link available) Saturday, October 3

Peter Yarrow’s talents as a creative artist—both with the legendary trio Peter, Paul & Mary and as a solo performer—are frequently directed at using music to convey a message of humanity and caring. As a member of the renowned musical trio, Yarrow has earned multiple gold and platinum albums, as well as numerous GRAMMY awards. Over the years, many issues have moved Peter to commit his time and talent to: equal rights, peace, the environment, gender equality, homelessness, hospice care, and education.



## A Guide to the Perplexed for the Holy Days

Rosh HaShanah and Yom Kippur routinely get top billing during the High Holy Days, but it is truly a season that starts in the Jewish month of Elul. During Elul (the month before Rosh HaShanah), we begin our season of reflection. During Elul, and especially in the days leading up to Rosh HaShanah where we participate in the service of S'lichot, we begin to take stock of our lives and understand where we have been in the past 12 months. While Elul is a time for individual work, Rosh HaShanah reminds us that we must also take stock as a community and commit ourselves to acts of tzedakah (justice) and tikkun olam (repairing the world). When Yom Kippur comes around 10 days later, each of us is obligated to have asked for forgiveness from those we

have harmed so that we may do the real work of teshuva (repentance) – figuring out how we are going to engage in deep change, both within ourselves and within our community.

Immediately after Yom Kippur, we are commanded to start building our sukkot, the little huts that we will dwell in for the coming week. Sukkot is the only holiday in the Torah where we are commanded to be joyful. We have torn ourselves down over Yom Kippur, confessing our sins and asking for forgiveness, and now we have the opportunity to celebrate our renewed relationship with God and with one another over Sukkot. Immediately on the heels of Sukkot comes Sh'mini Atzeret and Simchat Torah, where our joy overflows as we dance with the Torah. We end and

begin the reading of the Torah and recommit ourselves to living lives of purpose and meaning in the coming year.

It is a long journey of holidays that have us exploring ourselves, our relationships, and our world. The entire High Holy Day season, from Elul through Simchat Torah, teaches us that we have the responsibility and the ability to close the gap between the world as it stands and the world as it ought to be.

### **S'lichot**

Evening liturgy that usually includes prayers, piyyutim (poems), and some of the musical liturgy of the Days of Awe. S'lichot services are a first opportunity to immerse ourselves in the melodies of the season. I love how

*The entire High Holy Day season, from Elul through Simchat Torah, teaches us that we have the responsibility and the ability to close the gap between the world as it stands and the world as it ought to be.*

returning to those melodies feels like it awakens a dormant piece of my soul.

### **Rosh HaShanah September 18-19**

Rosh HaShanah is the holiday marking the start of the Jewish New Year. In Hebrew it translates to “head of the year.” The Rosh HaShanah holiday is marked by a period of celebration and reflection. During this holiday, family members and neighbors wish each other “Shanah Tovah,” which translates to “have a good year.”

Apples and honey are traditionally eaten—to symbolize a sweet year ahead—and a ram’s horn, or shofar, is sounded during religious services to remind people to look inward and repent for the sins of the past.

This day is a one of renewal and an opportunity for us to refocus our priorities and goals. Hearing the shofar blown and engaging in prayer with our community helps us acknowledge the good in our lives as well as those things which we would like to change. It strengthens our resolve to do better in the coming year.”

### **Tashlich**

Observed anytime between Rosh Hashanah and Yom Kippur “Tashlich” means casting off. The

tradition is to toss bread into a moving body of water, symbolically casting away our sins from the past year. This moment is really about reflecting on past mistakes so we can move into the new year with a clean slate.

### **Shabbat Shuvah September 25**

This is the shabbat between Rosh Hashanah and Yom Kippur. This service is often more meditative and provides a chance to mentally prepare for the upcoming fast.

### **Yom Kippur September 27-28**

Yom Kippur is a holiday that occurs ten days after Rosh HaShanah. Yom Kippur in Hebrew means “day of atonement.” Yom Kippur rituals include fasting, repenting, and asking for forgiveness.

Those who are able to choose to fast on Yom Kippur to meet the requirement “to practice self-denial,” as mentioned in the Torah.

Yom Kippur gives us the opportunity to reflect on the blessings we have been given. Fasting reminds us of the plight of those who lack access to food and nutrition so that we will grow sensitive to those needs and deepen our commitment to social justice and ‘tzedakah,’ or acts of charity. The High Holy Days give us

a fresh start to what will hopefully be a sweet and healthy new year ahead.

### **Sukkot October 2-9**

Sukkot in Hebrew means “booths.” This holiday both celebrates the end of the harvest season and the period of time during which the ancient Israelites lived in temporary booths as they traveled from Egypt to Israel. During this holiday, please feel free to come visit our Sukkah in our parking lot. Please just follow the safety of remaining socially distant.

### **Yizkor October 9**

Four times a year we share prayers of memory for those who have died. These days include Yom Kippur, Sukkot, Passover, and Shavuot. It is a brief service.

### **Simchat Torah & Sh’mini Atzeret October 9-10**

Simchat Torah in Hebrew means “the joy of Torah” and Sh’mini Atzeret is a celebration that occurs on the “eighth day,” (sh’mini means eight, atzeret means celebration) the day following the seven-day holiday of Sukkot. Reform Jews celebrate and recognize these holidays simultaneously by reading the last passage and first passage of the Torah.



## Exploring Our High Holy Day Prayer Book

What follows is a brief guide to help you travel through the High Holy Days with Mishkan HaNefesh as a road map and guide for your journey. The machzor is the name for our Prayer book for Rosh Hashanah and Yom Kippur. The editors have written that the machzor is [only] a tool for exciting and transformative worship: "... What matters is not 'mastering' the book, but rather allowing the book to help us experience transformative, sacred moments." I'd like to remind you from the bimah that you shouldn't feel constrained to the readings on the page that we picked. Let your eyes and heart wander. You can also sit with the book and explore at any point during this period of repentance.

### Explanations for Using Mishkan HaNefesh:

- Each service in Mishkan HaNefesh begins with a thematic phrase that seeks to highlight the essence of the service. The goal is not to reduce a service to one line but to help the person praying to grasp a major motif.
- The pages are purposely laid out: on the right side is the more traditional rendering of the prayer, and on the left side, a more creative approach.
- White pages have three basic elements: a traditional Hebrew prayer, a faithful translation, and a transliteration.
- Gray-tinted pages offer alternative translations, poems, countertexts, and creative readings.
- Pages with a blue background, set off with a black border, are meant to be read or studied silently.
- There are sidebars on the margins to help the worshipper follow the structure of the service.
- Italics indicate scriptural verses, not responsive readings (as previous Reform siddurim indicated). This gives the congregation more choices with how particular prayers or readings might be said.

### Rosh HaShanah Evening

Avinu Malkeinu is the phrase for Rosh HaShanah evening. It encapsulates the essential message of Days of Awe: We're gathered to ask that God's judgmental side (Malkeinu) be diminished as God's compassionate side (Avinu) be heightened. Ideally, we would mirror this transformation in our own attitudes toward others and ourselves.

### Rosh HaShanah Morning

The overall motif is the sounding of the shofar, calling us to wake up and pay attention!

### Yom Kippur Evening Service (Kol Nidre)

I forgive, as you have asked. The motif of the evening service, beyond its obvious connection with Kol Nidre, is a verse from the Book of Numbers in which God accepts the forgiveness of the Israelites. The idea is that forgiveness from God is a given; it is not a question of whether God will be compassionate, but whether or not we will be compassionate with ourselves and with each other, even as we submit our entire selves for review. The point of Yom Kippur

is not to convince a judgmental Deity to pardon us, so much as it is our acceptance of a loving and compassionate God, already offering forgiveness.

### Yom Kippur Morning

You stand this day, all of you, in the presence of Adonai, your God. The motifs are renewal of the covenant, and standing in judgment. We're reminded that repentance is not too far from us.

### Yizkor

There are different ways to reflect on loss and memory, grief, and healing. Grief does not come in such an orderly fashion. We hold various relationships dear, making us vulnerable to loss and grief.

### Neilah

You hold out your hand. The central motif is the image of God's outstretched hand, yearning to meet us in our journey toward repentance. It is a message of hope, of the time running out for repentance, but also, it is a time for relief that God anxiously desires our return.



## Creating Sacred Space in Your Home

We live in a moment where our kitchens have become our office and our living room a second classroom. Where then, is our synagogue? The Rabbis asked this same question right after the destruction of the Temple. Without a localized place of worship, how could we pray together? We are the inheritors of their answer: Our home would become our “mikdash m’at,” a miniature sanctuary, a holy place. Our current challenge is to create a sacred space at home while we are in front of our computers. What can help us create both that spiritual mindset and that spiritual refuge?

We are not able to gather for the High Holidays. We will all certainly miss being in person together, with the majesty of large crowds standing close, singing in harmony all our familiar and moving tunes. But we will be “together” safely — in our own homes. This year, we have a unique

opportunity to create a sacred space in our home — a mikdash m’at — for the High Holidays and beyond. These suggestions are meant to help you enhance the High Holiday experience at home, while creating a communal atmosphere for us all.

1. Where? Choose your prayer space carefully in advance by spending a few moments of individual contemplation / family discussion. Don’t wait for the last minute! Which chair will you sit on? Put a cushion or festive pillow on it, or drape it with a tallit, a special piece of fabric, or scarf.

2. What? Find meaningful objects to grace your space. On Rosh HaShanah, include holiday objects like candlesticks and kiddush cups, apples and honey. On Yom Kippur, you can place cherished mementoes, family heirlooms, and photos of loved ones to surround you. If you own a shofar, put it where it’s visible.

3. Try to limit or disconnect auditory distractions. You can turn off your email and text message ping sounds, and / or close your email program and other apps so you can be fully present during the service.

4. Wear clothing that makes you feel as if you are entering a spiritual space. A Kipa and tallit are welcome if they help you to express a connection to this special worship.

5. Be sure you have your machzor with you, just like on past High Holidays when we gathered. As you feel its cover and edges and flip its pages, remember the times you’ve used it before—who you sat near, what moved you in the service, the first time you used it, etc.

*We all appreciate the time and effort it takes to make your mikdash m’at a reality. Think of it as a “work in progress!”*



## Rosh Hashanah Round Challah

On September 14th, look on our Facebook page for a video with our own Jona Liberman. She will walk us through making a beautiful round Rosh Hashanah Challah! Just gather your ingredients!

There are many explanations for this custom. Some see the round shape as a reflection of the continuing cycle of years and seasons. Another interpretation is that the round challah resembles a crown, symbolizing the sovereignty of God. At a time of year when our thoughts turn to repentance and resolutions of self-improvement, the round challah reminds us that the opportunity for teshuvah, return, is never-ending.

### Dough

1/2 cup (113g) lukewarm water  
6 tablespoons (74g) vegetable oil  
1/4 cup (85g) honey  
2 large eggs  
4 cups (482g) King Arthur Unbleached All-Purpose Flour  
1 1/2 teaspoons salt  
1 tablespoon instant yeast

### Glaze

1 large egg, beaten with 1 tablespoon cold water

### Instructions

1. To make the dough: Weigh your flour; or measure it by gently spooning it into a cup, then sweeping off any excess.
2. Combine all of the dough ingredients and mix and knead them, by hand, mixer, or bread machine, until you have a soft, smooth dough.
3. Allow the dough to rise in a plastic wrap-covered bowl for about 2 hours, or until it's puffy; it won't necessarily double in bulk.
4. Gently deflate the dough, and transfer it to a lightly greased work surface.
5. Next step: divide the dough into pieces, the number depending on what kind of braid you want to make. Once you've decided which braid you're doing, divide the dough into the appropriate number of pieces. Roll each piece into a rope about 20" long. If the dough starts to shrink back as you roll, cover it and let it rest for about 10 minutes, then resume rolling. The short rest gives the gluten a chance to relax.
6. Braid the loaf. Remember, for three- or six-strand braids, watch the videos linked above. For a four-strand braid, see "tips," below.
7. Gently pick up the braided loaf, and place it on a lightly greased or parchment-lined baking sheet.
8. Cover the loaf with lightly greased plastic wrap, and let it rise until it's very puffy, 90 minutes to 2 hours at cool room temperature. Towards the end of the rising time, preheat the oven to 375°F.
9. To make the glaze: Whisk together the egg and water. Brush the glaze over the risen loaf.
10. Place the baking sheet atop another baking sheet; this will insulate the bread's bottom crust, and keep it from browning too much. Put the challah in the lower third of the oven, and bake it for 20 minutes. If it's a deep golden brown, tent it loosely with aluminum foil. If it's not as brown as you like, check it again at 30 minutes.
11. Once you've tented the challah, bake it for an additional 10 to 15 minutes, until the loaf looks and feels set and its interior registers at least 190°F.
12. Remove the bread from the oven, and place it on a rack to cool.
13. Store any leftover bread, well wrapped in plastic, at room temperature for several days; freeze for longer storage. While challah does tend to dry out after a day or so, it's always good toasted, or made into grilled sandwiches or French toast.

## Blessing for Challah

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

*Baruch atah, Adonai Eloheinu, Melech haolam, haMotzi lechem min haaretz.*

Blessed are You, Adonai our God, Sovereign of all, who brings forth bread from the earth!  
You can drizzle a little honey on it for a really sweet new year!

## Apple and Honey Blessings for a Sweet New Year

Our tradition is to dip apples in honey to help make the new year sweet!

Pick up a slice of apple, dip it in honey, and say:

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הָעֵץ.

*Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri ha-eitz.*

We praise You, Eternal God, Sovereign of the Universe, Creator of the fruit of the tree.

Then add:

יְהִי רָצוֹן מִלְּפָנֶיךָ, יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ,  
שֶׁתַּחֲדֹשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוּקָה.

*Y'hi ratzon milfanecha, Adonai Eloheinu v'Elohei avoteinu v'imoteinu,  
sheet chadesh aleinu shanah tovah um'tukah.*

May it be Your will, Eternal our God, that this be a good and sweet year for us. Eat the apple dipped in honey.  
Your family also may want to enjoy challah dipped in honey



### The Following Prayer May Also Be Recited With Friends or Family

We thank You, O God, for family and friends and for what we mean and bring to one another. We are grateful for the bonds of loyalty and affection which sustain us, and which keep us close to one another no matter how far apart we may be. We thank You for implanting within us a deep need for each other, and for giving us the capacity to love and to care. Help us to be modest in our demands of one another, but generous in our giving to each other. May we never measure how much love or encouragement we offer; may we never count the times we forgive. Rather, may we always be grateful that we have one another and that we are able to express our love in acts of kindness. Keep us gentle in our speech. When we offer words of criticism, may they be chosen with care and spoken softly. May we waste no opportunity to speak words of sympathy, of appreciation, or praise. Bless us with health, happiness, and contentment. Above all, grant us the wisdom to build a joyous and peaceful home in which Your spirit will always abide. (adapted from Likrat Shabbat.)

## Poems and Readings for Your Consideration

We will be exploring this first poem together during the High Holy Days through a sermon, writing, and discussion. We wanted to share it with you so you would have time to spend with the beautiful and challenging words of poet Patricia Smith.

### What It's Like To Be A Black Girl (for those of you that aren't)

By Patricia Smith

First of all, it's being 9 years old and feeling like you're not finished, like your edges are wild, like there's something, everything, wrong. it's dropping food coloring in your eyes to make them blue and suffering their burn in silence. it's popping a bleached white mophead over the kinks of your hair and priming in front of the mirrors that deny your reflection. it's finding a space between your legs, a disturbance in your chest, and not knowing what to do with the whistles. it's jumping double dutch until your legs pop, it's sweat and vaseline and bullets, it's growing tall and wearing a lot of white, it's smelling blood in your breakfast, it's flame and fists and life according to motown.

### The Place Where We Are Right By Yehuda Amichai

From the place where we are right  
Flowers will never grow  
In the spring.

The place where we are right  
Is hard and trampled  
Like a yard.

But doubts and loves  
Dig up the world  
Like a mole, a plow.  
And a whisper will be heard in the place  
Where the ruined  
House once stood.

### Rokei-ach, an Ethical-Mystical Book By Eleazer ben Judah of Worms

The most beautiful thing that one can do  
is forgive a wrong.

### Social Justice Tashlikh Prayer By Rakhel Silverman

Let us cast away the sin of indifference to injustice  
Let us cast away the sins of times we did not reach out  
to help others  
Let us cast away sins of being not being better allies  
because of our own privileges  
Let us cast away the sins of times we did not help our  
transgender siblings and community members  
Let us cast away the sins of the times we did not have the  
courage to speak up about injustice  
Let us cast away the sins of times that we did not help  
others because we were happy with our own lives  
Let us cast away the times we witnessed prejudice or  
discrimination but did nothing  
Let us cast away the sin of ignoring those in need  
Let us cast away the sins of not having time to be part of  
activism in our communities  
Let us cast away the sins of not giving tzedakah to causes  
Let us cast away the sin of complacency in oppression

### Preparing For Confession By Rami M. Shapiro

Today we stand before the Mirror of All  
To see ourselves as we are.  
We come with no gifts, no bribes, no illusions, no excuses.  
We stand without defense and wait to be filled.  
What will fill us?  
Remorse, certainly. So much error and needless pain.  
And joy: remembered moments of love and right doing.  
We are too complex for single-sided emotions.  
And we are too simple to be excused by our complexity.  
Let us be bold enough to see,  
Humble enough to feel,  
Daring enough to turn and  
Embrace the way of justice, mercy, and simplicity.

### Tales of the Hasidim By Martin Buber

A rabbi named Zusya of Hanipol died and went to stand before the judgment seat of God. As he waited for God to appear, he grew nervous thinking about his life and how little he had done. He began to imagine that God was going to ask him, "Why weren't you Moses or why weren't you Solomon or why weren't you David?" But when God appeared, the rabbi was surprised. God simply asked, "Why weren't you Zusya?"



# Temple Sholom Fall Program Highlights

## **Introduction to Judaism Class Online with Rabbi Beth Janus October, 12–December, 21 at 7:00 p.m.**

Open to all, this course is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful chance to reconnect with the foundations of their Judaism as an adult. Held Monday evenings.

## **Zoom Hebrew Reading Crash Course Level I with Alan Kirsch October 4–November 22 from 10:00-11:00 a.m.**

This course is designed for those with little or no background in Hebrew and concentrates on teaching the Hebrew alphabet and reading skills. This will be an 8 session class and part of the NJOP national program.



## **An Evening with Jo Ann Bland Tuesday, October 13 at 7:30 p.m.**

A survivor of Bloody Sunday (March 7, 1965), Turn Around Tuesday and the successful march from Selma to Montgomery (March 21, 1965). On Bloody Sunday, March 7, 1965, she and her sister were on the bridge and her sister was beaten. Hear her eyewitness account as she speaks to us from Selma, Alabama. She is an engaging and powerful speaker who will challenge all of us to continue marching and making a better world!



## **An Evening with Sarah Hurwitz Tuesday October, 27 at 7:30 pm**

Former speechwriter to Michelle Obama, Sarah Hurwitz discusses her book *Here All Along: Finding Meaning, Spirituality, and a Deeper*

*Connection to Life in Judaism (After Finally Choosing to Look There).*

## **Book Discussion with Rabbi Rigler Tuesday, October 20 at 7:30 p.m.**

## **Archeology of the Conflict: A Virtual Exploration of the Land of Israel providing a deeper understanding of where things stand today in the modern times.**

**Mondays 10/5, 10/19, 11/2, 11/16, 11/30, 12/14  
12:00 p.m. to 1:00 p.m.**

Join Tour guides Gadi Ben Dov and Amy Ben Dov on a series of virtual exploration sessions that will delve into the tensions between Israel and all of her neighbors. From the origins of the claim on the Land of Israel and through the major milestones of history with its many twists and turns, we will gain a better understanding of the current issues between Israelis and Palestinians.

Live from Modiin, Israel they will guide us through six lunch-and-learn sessions. Using interactive tools to bring to life the places we visit. We will explore the roots of the problems and challenges of this important land that so many people around the world call “The Holy Land” in an engaging and thoughtful way.



## **REDISCOVERING THE BIBLE 11/10, 11/17, and 12/1, at 6:00pm**

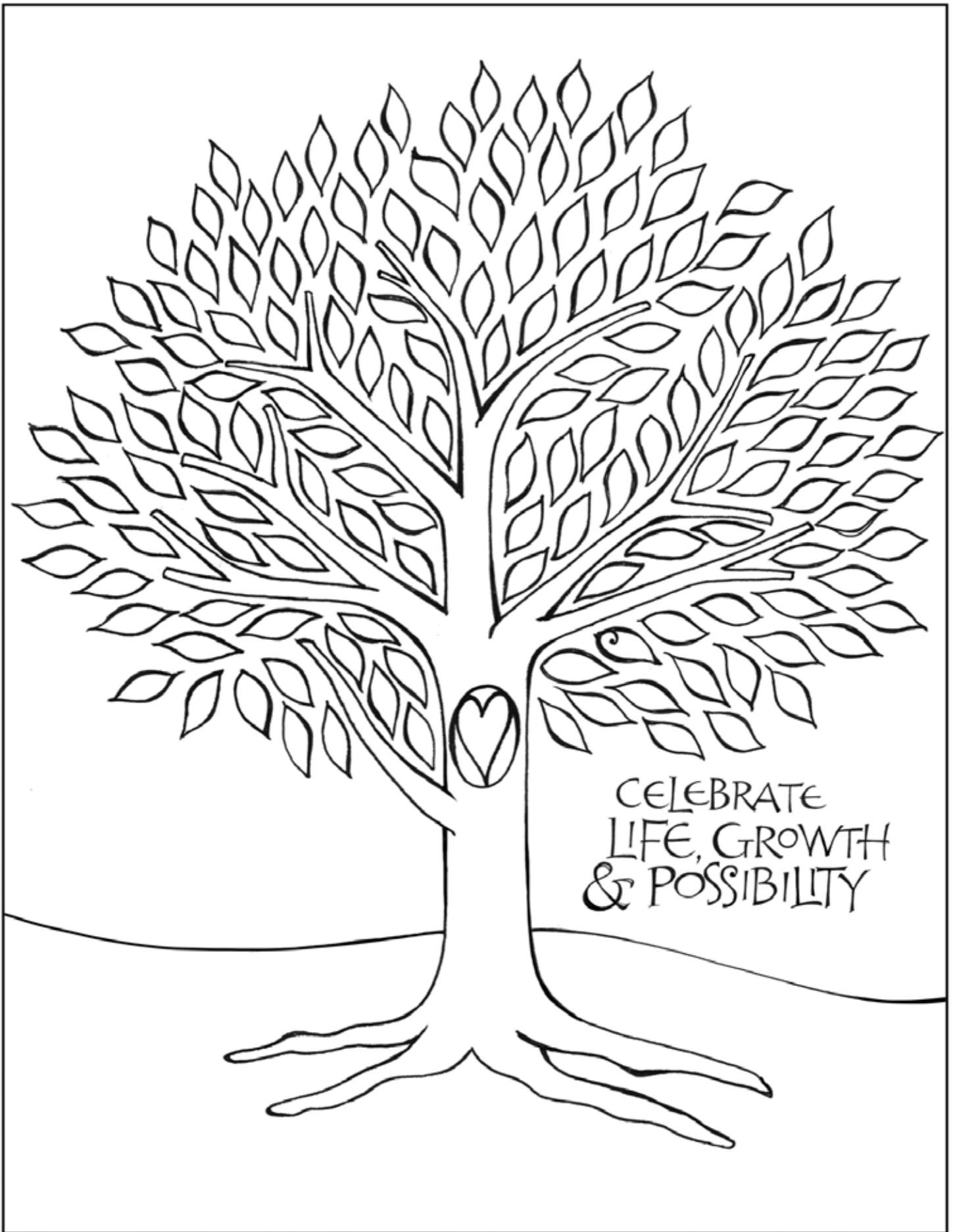
The Bible doesn't say to love God “with all your heart and all your soul” or that “the Lord is my shepherd.” Those are translation mistakes, just two of many that continue to hide

the Bible's original meaning. Join internationally acclaimed translator Dr. Joel M. Hoffman as he peels back the layers of mistranslation that continue to mask the cornerstone of our faith.

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**We have an active calendar of  
engaging events, learning, music,  
prayer and much more! Stay tuned to  
your email for ongoing additions to  
connect with your Temple Family or  
check out our website!**

**[www.temple-sholom.org](http://www.temple-sholom.org)**







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